

# Sienna Heraud

## Position: C and CF

# Class of 2022

## Jersey #04



**Parents:** Carlos and Kellie Heraud

**Player Email:** sienna.heraud@gmail.com  
**Parent Email:** kheraud6@gmail.com  
**Player Cell:** (703) 343-5342  
**Parent Cell:** (571) 730-7053  
**Date of Birth:** February 2004  
**Height:** 5'6" **Weight:** 120

**Throws:** Right **Bats:** Right  
**20 YD:** 3.04 **40YD:** 5.46  
**5/10/5:** 5  
**Pop-time:** 2.05  
**Overhand Velocity:** 61  
**Hit Exit Speed:** 66  
**Projected Distance:** 203  
**NCAA Eligibility#:** 1904524298

### High School Athletic Achievements:

- Lee High School Varsity Basketball 9<sup>th</sup> & 10<sup>th</sup> Grade
- Coach MVP Basketball 9<sup>th</sup> & 10<sup>th</sup> grade
- 2<sup>nd</sup> Team All District Basketball 10<sup>th</sup> grade
- Athlete of the Month 9<sup>th</sup> & 10<sup>th</sup> grade
- Lee High School Varsity Softball 9<sup>th</sup> & 10<sup>th</sup> Grade
- Lee High School JV Volleyball 10<sup>th</sup> Grade

### Travel Softball Experience:

2014-2019 VA Stingrays Fastpitch  
2018 USSSA All American Team  
2020-present Firebirds Fastpitch 16U

### Tournaments:

Sept 5: VA Fall State Championship, Sterling, VA  
Sept 12: Heartland College Showcase, Salem, VA  
Sept 19: Funding A Cure, Sterling, VA  
Sept 25: Eastern Classic, Richmond, VA  
Oct 10: Elite College Challenge, Wilmington, DE  
Oct 23: Team Takeover Showcase, Wilmington, NC  
Oct 31: Frozen Finale, Sterling, VA  
Nov 14: Champions Club Showcase, Virginia Beach, VA

### Travel Coach

Dennis Knapp/ 703-628-9996  
nvgsafirebirds04@gmail.com

### High School: John R Lewis HS

Head Coach: TBD 2020-2021 Season

### Academic Information:

**GPA:** 3.5  
**SAT:** Fall 2021  
**ACT:** Fall 2021  
**AP/IB Coursework:** IB Chemistry, IB Environmental Systems

### Academic Achievements:

- A/B Honor Roll – 9<sup>th</sup> and 10<sup>th</sup> Grade

### Community Service/Volunteer Work:

- Girl Scout Member – 2009 – 2016
- Lee High School Football Manager 9<sup>th</sup> Grade
- JROTC 2018 – 2019
- Key Center 2016 – 2018 (Peer Helping For Handicapped Children)

**Website:** [www.firebirdsfp.com/knapp](http://www.firebirdsfp.com/knapp)  
**Twitter:** @FirebirdsFP

# FIREBIRDS